

Club Officers

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STEVE KOVEN, Trustee

RAUL TELLEZ, Trustee

JAY WAIT, Trustee

DAVE CYPLICK, Race Director

RUTH BONACCI, Newsletter

Revised: February 2011



PRAIRIE STATE ROAD RUNNERS

CLUB INFORMATION
WEBSITE: www.psrr.org
EMAIL:
president@psrr.org

PRAIRIE STATE ROAD RUNNERS

Fast Runners!
Fitness Runners!
Beginning Runners!

PRAIRIE STATE ROADRUNNERS

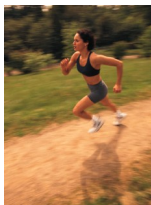


WILL COUNTY, ILLINOIS SINCE 1975

WWW.PSRR.ORG

Why Join the Prairie State Road Runners?

- Merchandise discount on select items at Dick Pond Athletics—Crest Hill
- “Pacesetter” Newsletter published 6 times per year.
- Race circuit and awards banquet
- Special event trips
- Scheduled group runs and seasonal speedwork sessions
- Club meetings and social gatherings
- Listing of area races
- Achieve fitness goals
- Meet new training partners
- Encouragement and training tips from other club members



We welcome runners of all abilities to join our club!

Who We Are

Founded in 1975, the Prairie State Road Runners are one of the oldest running clubs in Illinois. The majority of our members are from Will, Grundy, and Kendall counties.

The club sponsors the National Heritage Corridor 25K Run in Channahon and the Thanksgiving Day morning Poultry Predictor 4 Mile Race in Joliet’s beautiful Pilcher Park. We also work closely with the Joliet Park District on the Sundowner 5K Race that is also held in Pilcher Park, Joliet.

We are affiliated with the Road Runners Club of America (RRCA) and a member club of the Chicago Area Runners Association (CARA).

How to Join

Obtain a membership application at www.psrr.org or at Dick Pond Athletics, Crest Hill.

Individual Memberships - \$18/year

Family Memberships - \$25/year

Student Memberships - \$12/year

Thursday Evening Group Run

Dick Pond Athletics, Crest Hill

16133 Weber Road

Phone: (815) 588-0908

6:15 PM start

*Seasonal—Begins springtime

Wednesday Evening Track Workout*

Joliet Park District—Memorial Stadium

3000 West Jefferson Street

Joliet, IL

6:15 PM start

* Seasonal - when track is clear

Sunday Morning Show-n-Go Run & Breakfast

Channahon State Park

25302 West Story Street

Channahon, IL

8:00—8:30 AM start

