

# Sundowner 5k Registration Form

Please Print (5K 2-3500-11, Junior Jog & One Mile Fun Run 2-3501-11)

Name \_\_\_\_\_

Email \_\_\_\_\_

Birthdate \_\_\_\_\_ Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State/Zip \_\_\_\_\_

Telephone \_\_\_\_\_

T-Shirt Size (circle) S M L XL

\_\_\_\_\_ Male \_\_\_\_\_ Female

5k \$25 (through July 13); \$30 (through race day)

Club Affiliation \_\_\_\_\_  
Prairie State Road Runners and CARA members receive a \$2 discount. Membership # \_\_\_\_\_

Junior Jog \$8 (through race day)

I would like to add a donation of \$ \_\_\_\_\_  
to the Joliet Park Foundation to my race registration. (POS SUNDON)

Total \$ \_\_\_\_\_

Make check payable to *Joliet Park District*

Cash  Check # \_\_\_\_\_ or charge to

Visa  Mastercard  Discover Exp. \_\_\_\_\_

Card # \_\_\_\_\_

Signature \_\_\_\_\_

Print Name \_\_\_\_\_

I do hereby waive and release any and all rights and claims for damages that I may have against the sponsors, agents, officials, the Joliet Park District, Prairie State Road Runners, and volunteers of the Sundowner 5K for any injuries suffered in said events or other related activities. I attest and verify that I am physically fit and have trained sufficiently for this event and weather conditions.

Signature \_\_\_\_\_

(Runner or Parent if under 18)

Date \_\_\_\_\_

Bib # \_\_\_\_\_ Registration # \_\_\_\_\_

(For office use only)



# sundowner 5k

Run the  
10th Annual  
Sundowner  
5k

# Thursday July 15, 2010 7:15 pm

Joliet Park District's  
Barber & Oberwortmann  
Horticultural Center

227 N. Gougar Rd.  
Joliet, IL 60432  
815.741.7275

save the date  
**red**   
run  
sunday  
november 14  
7:15 am

# 10th Annual Sundowner 5k Sponsors

Starting Line Sponsor



www.pcfittnessequipment.com  
800.630.7827

Mile Markers



Finish Line Sponsor



MK Orthopaedics  
SURGERY & REHABILITATION

Setting the Standard of Excellence

